

Expectations of Recertifying TACT2 Trainers

We have high expectations of experienced TACT2 trainers, so we look for a much greater level of competency during Trainer Recerts than during initial training of new trainers. Please note the following and refresh your basic knowledge or skills if needed.

1. Verbal competencies. Experienced TACT2 Trainers should be able to demonstrate a solid and intuitive grasp of all essential TACT2 verbal concepts, including:

- a. Elements of TACT2 Decision-Making Model;
- b. Diagnostic cues of deliberate vs emotional behavior;
- c. Glasser's four social needs, and how they drive deliberate misbehavior;
- d. Impact of childhood trauma on internalizers and externalizers;
- e. Long's Conflict Cycle, especially three contributors to crisis;
- f. Basics of ACEs and how they impact development;
- g. Phases of Escalation Model, including goals and strategies;
- h. Five adult anger traps, and how to stay out of power struggles;
- i. How to use two of three counseling skills (giving space and active listening, especially attending, decoding, & reflecting); and
- j. How to use two of three corrective skills (reminders and fair warnings, especially natural, logical, & punitive consequences).

2. Physical competencies. Experienced TACT2 Trainers should be able to demonstrate a solid and intuitive grasp of all essential TACT2 physical skills, including:

- a. Conditions justifying or limiting physical intervention;
- b. Self-Protection techniques (escapes from grabs, chokes, headlocks);
- c. Standing Holds (bear hug, cradle hold, double arm bar hold);
- d. Escorts (two-person approach, transition, moving, releasing); and
- e. Restraints (at least one: seated restraint, supine arm bar restraint, shoulder lock restraint).

COVID-19 Safety Precautions (rev 3.1.22)

We place a high priority on physical and emotional safety during training. As of March 1, 2022, attendees at TACT2 Trainer Recertifications (regardless of vaccination status) must be willing to either **(1) Take a rapid antigen self-test (provided) about 30 minutes before the training begins, (2) Submit proof of a similar test within the past 48 hours, or (3) Remain fully masked throughout the entire training.**

For those who test negative, masks will be optional. Those who test positive (or are clearly symptomatic) will be rescheduled and receive a full refund/credit. Those who choose NOT to test or mask will be unable to join the training (no refund offered). These requirements may change as conditions hopefully improve. Thank you for understanding and complying.