



# Expectations of Recertifying TACT2 Trainers

We have high expectations of experienced TACT2 trainers, so we look for a much greater level of competency during Trainer Recerts than during initial training of new trainers. Please note the following and refresh your basic knowledge or skills if needed.

**1. Verbal competencies.** Experienced TACT2 Trainers should be able to demonstrate a solid and intuitive grasp of all essential TACT2 verbal concepts, including:

- a. Elements of TACT2 Decision-Making Model;
- b. Diagnostic cues of deliberate vs emotional behavior;
- c. Glasser's four social needs, and how they drive deliberate misbehavior;
- d. Impact of childhood trauma on internalizers and externalizers;
- e. Long's Conflict Cycle, especially three contributors to crisis;
- f. Basics of ACEs and how they impact development;
- g. Phases of Escalation Model, including goals and strategies;
- h. Five adult anger traps, and how to stay out of power struggles;
- i. How to use two of three counseling skills (giving space and active listening, especially attending, decoding, & reflecting); and
- j. How to use two of three corrective skills (reminders and fair warnings, especially natural, logical, & punitive consequences).

**2. Physical competencies.** Experienced TACT2 Trainers should be able to demonstrate a solid and intuitive grasp of all essential TACT2 physical skills, including:

- a. Conditions justifying or limiting physical intervention;
- b. Self-Protection techniques (escapes from grabs, chokes, headlocks);
- c. Standing Holds (bear hug, cradle hold, double arm bar hold);
- d. Escorts (two-person approach, transition, moving, releasing); and
- e. Restraints (at least one: seated restraint, supine arm bar restraint, shoulder lock restraint).

## COVID-19 Safety Precautions (rev 3.1.22)

We place a high priority on physical and emotional safety during training. As of March 1, 2022, attendees at TACT2 Trainer Recertifications (regardless of vaccination status) must be willing to either **(1) Take a rapid antigen self-test (provided) about 30 minutes before the training begins, (2) Submit proof of a similar test within the past 48 hours, or (3) Remain fully masked throughout the entire training.**

For those who test negative, masks will be optional. Those who test positive (or are clearly symptomatic) will be rescheduled and receive a full refund/credit. Those who choose NOT to test will be unable to join the training (no refund offered). These requirements may change as conditions hopefully improve. Thank you for understanding and complying.