

# **TACT2 program**

Therapeutic Aggression Control Techniques is a comprehensive crisis intervention program designed to help staff develop the skills and judgment to:

(1) Distinguish between true emotional crisis and functional, deliberate misbehavior.

(2) Better understand the impact of ACEs and trauma on children's behavior.

(3) Skillfully de-escalate emotional issues with calming and listening skills.

(4) Effectively manage deliberate misbehavior with limit-setting and fair consequences.

(5) Avoid power struggles and anger traps.

(6) Safely control dangerous situations with minimal risk to staff and youth.

## **Virtual Recertification**

with Dr. Steve Parese will refresh your skills and knowledge, and provide you with updated materials needed to continue training staff in your school, shelter, or group home staff in the TACT2 crisis intervention program. Includes 2024 reproducible Trainer Supplements, certificate, TACT2 t-shirt & gift.

Note: This year's special topic is "Behavioral and Mental Health Awareness." Contact us about cross-certification in TBM/Autism and other TBM programs.

\*\* If you missed your trainer recert in 2023, you may regain Active status by recertifying this year with a \$100 reactivation fee.

#### **TACT2 Trainer ReCertification:**

# Virtual via Zoom Eligible Trainers Only\*

8:30AM - 12:30PM

[ ] April 2024 [ ] May 2024 [ ] June 2024

[ ] July 2024 [ ] Aug 2024 [ ] Sept 2024

Contact us at <u>SBParese@aol.com</u> for precise dates

# **Trainer Information**

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Date \_\_\_\_\_

**T-shirt(s):** [S] [M] [L] [XL] [2X] [3X] [4X]

## **Recertification Costs**

**<u>1-day Trainer Recertification</u>** (includes materials & shipping)

[]<u>Virtual TACT2</u> \$250 x \_\_\_ = \$ \_\_\_\_\_ []<u>ReActivation</u> \*\* \$100 x \_\_\_ = \$ \_\_\_\_

(only if you missed recert in 2023)

#### TOTAL DUE

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To register, fax form to (336) 793-3049, or email to CAParese@aol.com. Mail check payable to "SBP Consulting" to address below or <u>Click HERE to register online and pay by credit card</u>.

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Visit **TACT2.com** or e-mail **SBParese@aol.com** for more information. Go to <u>TACT2.square.site</u> to register online and pay by credit card

## **Expectations of Recertifying TACT2 Trainers**

We have high expectations of experienced TACT2 trainers, so we look for a much greater level of competency during Trainer Recerts than during initial training of new trainers. Please note the following and refresh your basic knowledge or skills if needed.

**1.** <u>Verbal competencies.</u> Experienced TACT2 Trainers should be able to demonstrate a solid and intuitive grasp of all essential TACT2 verbal concepts, including:

- a. Elements of TACT2 Decision-Making Model;
- b. Diagnostic cues of deliberate vs emotional behavior;
- c. Glasser's four social needs, and how they drive deliberate misbehavior;
- d. Impact of childhood trauma on internalizers and externalizers;
- e. Long's Conflict Cycle, especially three contributors to crisis;
- f. Basics of ACEs and how they impact development;
- g. Phases of Escalation Model, including goals and strategies;
- h. Five adult anger traps, and how to stay out of power struggles;

i. How to use two of three counseling skills (giving space and active listening, especially attending, decoding, & reflecting); and

j. How to use two of three corrective skills (reminders and fair warnings, especially natural, logical, & punitive consequences).

**2.** <u>Physical competencies</u>. Experienced TACT2 Trainers should be able to demonstrate a solid and intuitive grasp of all essential TACT2 physical skills, including:

- a. Conditions justifying or limiting physical intervention;
- b. Self-Protection techniques (escapes from grabs, chokes, headlocks);
- c. Standing Holds (bear hug, cradle hold, double arm bar hold);
- d. Escorts (two-person approach, transition, moving, releasing); and
- e. Restraints (at least one: seated restraint, supine arm bar restraint, shoulder lock restraint).

### **Refund Policy**

Full refunds (less credit card fees) will be granted if notification of withdrawal is provided at least 30 days prior to a scheduled training. No refunds will be offered inside 30 days, although a substitute may attend in place or the original attendee.

### \* Eligible Trainers Only

Only Trainers with 2+ years experience who have previously demonstrated a high level of competence with both verbal and physical skills will be eligible to recertify virtually. Please contact Dr. Parese directly via email at <u>SBParese@aol.com</u> to determine your eligibility.