

#### TACT2 Trainer ReCertification ONLY:

# **October 4**, **2023** Swiftwater, PA

8:30AM - 3:30PM WEDNESDAY

#### **Pocono Mountain School District**

208 Campus Drive Swiftwater, PA 18370

Led by Dr. Christopher Wolfel

## **Trainer Information**

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Date

Therapeutic Aggression Control Techniques is a comprehensive crisis intervention program designed to help staff develop the skills and judgment to:

(1) Distinguish between true emotional crisis and functional, deliberate misbehavior.

(2) Better understand the impact of ACEs and trauma on children's behavior.

(3) Skillfully de-escalate emotional issues with calming and listening skills.

(4) Effectively manage deliberate misbehavior with limit-setting and fair consequences.

(5) Avoid power struggles and anger traps.

(6) Safely control dangerous situations with minimal risk to staff and youth.

### **Trainer Recertification**

with Dr. Chris Wolfel will refresh your skills and knowledge, and provide you with updated materials needed to continue training staff in your school, shelter, or group home staff in the TACT2 crisis intervention program. Special attention will be paid to refreshing your <u>physical</u> skills. Includes 2023 reproducible Trainer Supplements, certificate, TACT2 t-shirt & gift.

\* If you missed your trainer recert in 2022, you may regain Active status by recertifying this year with a \$100 reactivation fee.

**COVID-19 Safety:** Attendees must (1) Be free of cold-like symptoms; and (2) Remain masked during all close contact activities.

Name(s):	
E-mail(s):	

**T-shirt(s):** [S] [M] [L] [XL] [2X] [3X] [4X]

### **Recertification Costs**

**<u>1-day Trainer Recertification</u>** (includes materials)

[] <u>Full TACT2</u> [] <u>Verbal only</u>	\$250 x = \$ \$200 x = \$
	\$100 x = \$ ed recert in 2022)
TOTAL DUE	\$

To register, fax form to (336) 793-3049, or email to CAParese@aol.com. Mail check payable to "SBP Consulting" to address below or <u>Click HERE to pay by credit card</u>.

Steve Parese, Ed.D. SBP Consulting, Inc. PO Box 336 Danbury, NC 27016 EIN: 56-2159451 SBParese@aol.com

#### **Expectations of Recertifying TACT2 Trainers**

We have high expectations of experienced TACT2 trainers, so we look for a much greater level of competency during Trainer Recerts than during initial training of new trainers. Please note the following and refresh your basic knowledge or skills if needed.

**1.** <u>Verbal competencies</u>. Experienced TACT2 Trainers should be able to demonstrate a solid and intuitive grasp of all essential TACT2 verbal concepts, including:

- a. Elements of TACT2 Decision-Making Model;
- b. Diagnostic cues of deliberate vs emotional behavior;
- c. Glasser's four social needs, and how they drive deliberate misbehavior;
- d. Impact of childhood trauma on internalizers and externalizers;
- e. Long's Conflict Cycle, especially three contributors to crisis;
- f. Basics of ACEs and how they impact development;
- g. Phases of Escalation Model, including goals and strategies;
- h. Five adult anger traps, and how to stay out of power struggles;

i. How to use two of three counseling skills (giving space and active listening, especially attending, decoding, & reflecting); and

j. How to use two of three corrective skills (reminders and fair warnings, especially natural, logical, & punitive consequences).

**2.** <u>Physical competencies</u>. Experienced TACT2 Trainers should be able to demonstrate a solid and intuitive grasp of all essential TACT2 physical skills, including:

- a. Conditions justifying or limiting physical intervention;
- b. Self-Protection techniques (escapes from grabs, chokes, headlocks);
- c. Standing Holds (bear hug, cradle hold, double arm bar hold);
- d. Escorts (two-person approach, transition, moving, releasing); and
- e. Restraints (at least one: seated restraint, supine arm bar restraint, shoulder lock restraint).

### **COVID-19 Safety Precautions** (rev 3.1.23)

We place a high priority on physical and emotional safety during training. As of March 1, 2023, attendees at TACT2 Trainer Recertifications (regardless of vaccination status) must: (1) Be free of cold-like symptoms; and (2) Remain masked during all close contact activities.

Those who are clearly symptomatic will be rescheduled <u>or</u> receive a full refund/credit. Thank you for understanding and complying.