

TACT2 New Trainer Certification:

August 21-24, 2023

Des Moines, IA

8:30AM - 3:30PM

Orchard Place

925 Porter Avenue Des Moines, IA 50315

Led by Staci Mease, Master Trainer

TACT2 program

Therapeutic Aggression Control Techniques is trauma-informed and competency-based. This crisis intervention program will help your staff develop the skills and judgment to:

- (1) Distinguish between true emotional crisis and functional, deliberate misbehavior.
- (2) Better understand the impact of ACEs and trauma on children's behavior.
- (3) Skillfully de-escalate emotional issues with calming and listening skills.
- (4) Effectively manage deliberate misbehavior with limit-setting and fair consequences.
- (5) Avoid power struggles and anger traps.
- (6) Safely control dangerous situations with minimal risk to staff and youth.

"The training was well-paced, engaging and empowering. I am so thankful to have deepened my knowledge of verbal de-escalation skills and can't wait to share this information with my staff!"

Natalie Spehar, Maryland Hall for the Creative Arts Annapolis, MD

Trainer Certification

with **Master Trainer Staci Mease** will provide you with the knowledge, skills, and materials needed to certify staff in your school, shelter, or group home in the TACT2 crisis intervention program. Annual trainer recertification required.

Includes 2022 TACT2 Trainer Manual, PowerPoint, starter set of 10 workbooks, TACT2 t-shirt, & gift.

Please note COVID-19 Safety Restrictions described on following page.

Registrant Information

	O				Date:	
Name(s):						
Agency: _						
Address:						
City/ST/ZI	P:					
Daytime phone:						
E-mail(s):						
T-shirt(s):	[S] [M] [I	L] [XL]	[2X]	[3X]	[4X]	
Training Costs						
4-day Full Registration (\$1,295 includes materials)						
\$1,295 x instructor = \$						
2-day Verb	al Skills onl	ly (\$895	inclu	des m	naterials)	

To register, fax completed form to (336) 793-3049, or email to CAParese@aol.com. Check payable to "SBP Consulting, Inc." Click HERE to pay by credit card or go to TACT2.square.site.

Steve Parese, Ed.D. SBP Consulting, Inc. PO Box 336 Danbury, NC 27016 EIN: 56-2159451 SBParese@aol.com

\$895 x ____ instructor =

Our Goals for New TACT2 Trainers

Certified TACT2 trainers have a responsibility to provide high quality, relevant, safe instruction to their staff, so we hold trainer candidates to high standards. In addition to timely attendance and professional involvement, we look for the following:

- **1.** <u>Essential Verbal Competencies.</u> It is not necessary to be a clinician or teacher to be a good TACT2 Trainer. However, trainees will be asked to participate actively in all discussions, apply skills to fictitious cases, team-teach a 20-minute segment of the curriculum, and pass a 25-question written test of knowledge. Candidates should:
 - (1) Have a grasp of basic concepts of child or adolescent psychology;
 - (2) Have real-life experience managing behavior and calming crisis; and
 - (3) Be reasonably comfortable talking in front of other adults.
- **2.** <u>Essential Physical Competencies</u>. Nor is not necessary to be an accomplished athlete to be certified as an instructor in TACT2 physical techniques. However, the training is rigorous, and trainees will be asked to practice assertive physical techniques with increasing levels of resistance. Candidates should:
 - (1) Be in reasonably good physical condition;
 - (2) Be free from serious mobility issues or other health concerns;
 - (3) Have real-life experience with physical interventions with youth.

Those who cannot master all techniques will be limited to teaching only those techniques they can master, with opportunities to upgrade certification at a later date if skills improve.

COVID-19 Safety Precautions (as of Jan 2023)

We place a high priority on your physical and emotional safety during training. Therefore we require the following safeguards:

- 1. Each attendee must take a COVID-19 rapid test (provided) upon arrival the first day;
- 2. Each attendee must be masked during close contact activities of the training; and
- 3. Each attendee must be **free of symptoms** (serious cough, fever, etc).

Thank you for understanding and complying.

If you have questions or concerns, feel free to contact the author Dr. Parese at SBParese@aol.com.