# What's the difference between TACT2 & TBM?

### **Program**

# Therapeutic Aggression Control Techniques v.2. A indicemble-screene Approach to Abrastas of the

# **Target Population**

Direct care staff working with highly challenging, aggressive youth (age 10-21). Settings may include alternative schools, group homes, detention centers, residential treatment, & after school programs.

# **Content Taught**

- · Prof'l decision making
- · Childhood trauma
- Stages of escalation
- · Adult issues in crisis
- Active listening skills
- Guided problem solving
- Warnings/consequences
- Verbal removal
- Self-protection
- · Holds & team escorts
- Full restraints

# **Time Required**

# 12 hours verbal skills 6 hours physical skills

Written test and physical skills check required for full certification

Annual 6-hour recertification required (verbal + physical)



Educators, classroom/ bus aides, and other support staff working with difficult elementary school students. Settings include public, private or parochial elementary schools (grades K-5).

- Prof'l decision making
- · Childhood trauma
- · Stages of escalation
- Adult anger traps
- · Active listening skills
- Fair consequences

(Physical optional: self-protect, holds, team escort)



Optional 3-4 hours physical skills

Written test required for verbal certification\*

### **Annual 2-hour refresher**

(\*Physical option requires skill check & annual recertification)



Educators, classroom/ bus aides, and other support staff working with challenging middle and high school students. Settings include public, private or parochial middle or high schools (grades 6-12).

- Prof'l decision making
- · Childhood trauma
- Stages of escalation
- · Adult anger traps
- Active listening skills
- Fair consequences

(Physical optional: self-protect, holds, team escort)

6 hours verbal skills

Optional 3-4 hours physical skills

Written test required for verbal certification\*

### **Annual 2-hour refresher**

(\*Physical option requires skill check & annual recertification)



Parents, case managers, volunteers and support staff working with **foster children**. Settings include short- or long-term foster homes, group homes, volunteer centers, & after school programs.

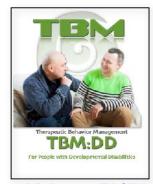
- Prof'l decision making
- Childhood trauma
- Stages of escalation
- Adult anger traps
- Active listening skills
- · Fair consequences

8 hours verbal skills

No physical skills

Written test required for verbal certification

**Annual 2-hour refresher** 



Direct care workers and support staff working with older youth and adults with developmental disabilities. Settings may include group homes, supported work environments, & independent living.

- Prof'l decision making
- Childhood trauma
- Stages of escalation
- · Adult anger traps
- · Active listening skills
- Fair consequences

(Physical optional: self-protect, holds, escort, seated restraint)

10 hours verbal skills

Optional 4-6 hours physical skills

Written test required for verbal certification\*

### **Annual 2-hour refresher**

(\*Physical option requires skill check & annual recertification)